

Nest Building

by KATE BRIDGER



DISCOVER YOUR INNER INTERIOR DESIGNER

A Two-Day Seminar/Workshop with author, artist and designer,
Kate Bridger

Nest Building is a combination of design psychology mixed in with a reassuring dose of pragmatism based on the premise that *home is a state of being, not a state of having*.

This is the course to take *before* you hire a designer, or choose a paint colour. It is also a course to take if you think you have finished your decorating because *Nest Building* is a continual evolution – we are constantly adapting, changing, revising, growing ...

There will be no discussions of colour theory, design genres, or window coverings. Instead, you will learn **why you hang on to certain objects and attitudes; why particular colours please or trouble you; how to work with and appreciate what you have; and how to bring harmony to your life** and to the lives of those you live with.

The exercises you will participate in are designed to **reacquaint you with your personal designer history, to fine-tune your aesthetic awareness and to carve out a fulfilling path to help bring you home** to a place that not only looks good, but feels right just for you.

When: April 21 & 22, 2012. Six hours of instruction/day with breaks.

Where: 402 Baker St (upstairs in the Kootenay Real Estate Board boardroom), Nelson.

Fee: EARLY BIRD SPECIAL: Register before April 7, 2012 - \$95.00/person (+HST), after April 7, \$110/person.

Please complete and return the Registration Form attached:

